



المجموعة الخليجية لدراسة داء السكري
THE GULF GROUP FOR THE
STUDY OF DIABETES



3rd INTERNATIONAL GULF GROUP FOR THE STUDY OF DIABETES (GGSD) CONFERENCE

February 9 – 11, 2010 (Safar 25-27, 1431)
Intercontinental Hotel – Jeddah, Kingdom of Saudi Arabia

PROGRAM

DAY 1: Tuesday

DATE: February 9, 2010 (Safar 25, 1431)

TIME	PLENARY SESSION			
Moderator	Dr. Abdulaziz Al Twaim			
08:30 – 09:15	Modern Management of Type I Diabetes Prof. Thomas Danne - Germany			
09:15 – 09:30	Discussion			
09:30 – 09:50	Coffee Break			
SESSION I	ADULT DIABETES		PEDIATRIC DIABETES	
	TOPIC	SPEAKER	TOPIC	SPEAKER
	MANAGEMENT OF TYPE 2 DIABETES		EPIDEMIOLOGY & PATHOPHYSIOLOGY OF TYPE 1 DIABETES	
<i>Chairpersons: Dr. Khaled Al Rubean / Dr. Jawad Lawati</i>		<i>Chairpersons: Dr. Yasser Al Ghamdi / Dr. Abdulmoein Al Agha</i>		
09:50 – 10:10	Prevention of Type 2 DM	Prof. Jean Claude Mbanya (IDF) President - Cameron	Epidemiology of Type 1 DM	Prof. Abdullah Al Herbish - KSA
10:10 – 10:30	Diabetes & Cancer	Prof. Edward Horton - UK	Genetics of Type 1 DM	Dr. Nadia Sakati –KSA
10:30 – 10:50	Diabetes therapy and associate rates of glucose control in type 2 diabetics in Saudi Arabia	Dr. Mohsin El-Edrisi KSA	Role of Environmental Factors in Type 1 DM	Prof. Abdullah Al Herbish KSA
10:50 – 11:10	Discussion		Discussion	
SESSION II	ORAL PRESENTATION		OBESITY IN TYPE 2 DIABETES	
	<i>Chairpersons: Dr. Kamal Al Shomer / Dr. Nabil Naggat</i>		<i>Chairpersons: Prof. Mohamed Jan / Dr. Suliman Al Fifi</i>	
11:10 – 11:30	Strategies Approach in Combating Diabetes Mellitus Among GCC Countries	Dr. Towfik Khoja	Pathophysiology of Type 2 DM in Children	Dr. Adnan Al Shaikh – KSA
11:30 – 11:45	Addition of Pioglitazone to type 2 DM	Dr. Najim Abdulwahid KSA	Can we prevent Obesity in Children?	Prof. Thomas Danne Germany
11:45 – 12:00	Current guidelines of diabetic patients during Ramadan	Dr. Khaled Tayeb KSA	Metabolic Consequences of Childhood Obesity	Dr. Najia Attia KSA
12:00 – 12:15	Retinol binding protein-4 is associated with TNF- α and not insulin resistance in Saudi subjects with type 2 DM	Dr. Hossam Draz KSA		
12:15 – 12:30	Discussion		Discussion	
12:30 – 14:00	PRAYER/LUNCH			



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(cont.....Day 1)

SESSION III	ADULT DIABETES		PEDIATRIC DIABETES	
	Chairperson: Prof. Hassan Fatani		STATE OF ART LECTURE	
14:00 – 14:45	Does aggressive management of DM reduces the risk of CVD	Prof. Edward Horton UK	Chairperson: Dr. Ali Dammas Advance Technology in Type 1 DM Management Prof. Thomas Danne - Germany	
14:45 – 15:00	Discussion		Discussion	
SESSION IV	DM & CVS DISEASE		Meet the Expert (1)	Meet the Expert (2)
	Chairperson: Dr. Abdulwahab Bawahab / Dr. Saleh Al Jaser			
Oral Presentation				
15:00 – 15:15	Prevalence of Dysglycaemia and Other Cardiovascular Risk Factors	Dr. Mohammed Nabil Barakat – Oman	Basal-Bolus Insulin Therapy (MDI) Dr. Abdulmoein Al Agha –KSA	Is Metformin more than an oral Hypoglycemic agent? Dr. Fauzia Badghaish - KSA
15:15 – 15:35	Diabetes & Cardiovascular Risk Control – Are we Failing?	Dr. Mazen Ferwana – KSA		
15:35 – 16:05	Diabetes Mellitus & Cardiovascular risk factor in Saudi Arabia	Dr. Yousef Al-Saleh – KSA		
16:05 – 16:30	COFFEE BREAK / PRAYER			
16:30 – 17:30	<u>Meet the Expert (1)</u>	<u>Meet the Expert (2)</u>	<u>Meet the Expert (3)</u>	ORAL PRESENTATION
	The Diabetic Foot Prof. Andrew Boulton (UK) Prof. Hassan Al Zahrani KSA	Medical Nutrition therapy & CHO counting Mrs. Najat Al Toum (SA) Dr. Saddah Eshgi (SA)	In Patient Management of Diabetes Mellitus Prof. Mohammed Hassanein (UK) Dr. Khaled Tayeb (SA)	Chairperson: Dr. Khyria Mousa / Dr. Ahmed Zahrani 1. Diabetes Camp for Children & Adolescence 2. Syrian Experience for treatment of diabetes with insulin pump 3. Saudi Arabia Experience for treatment of diabetes with insulin pump
				Dr. Naila Felimban – KSA Dr. Mustafa Chawa - Syria Dr. Bassam Bin Abbas - KSA
20:30 – 23:00	Sponsor Satellite Symposium + Gala Dinner			
END OF DAY 1				



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DAY 2: Wednesday

DATE: February 10, 2010 (Safar 26, 1431)

TIME	PLENARY SESSION			
	<i>Moderator</i> Prof. Siraj Mira			
08:30 – 09:15	International Prospective of Diabetes Mellitus Prof. Jean Claude Mbanya (IDF President) - Cameroon			
09:15 – 09:30	Discussion			
09:30 – 09:50	Coffee Break			
SESSION I	ADULT DIABETES		PEDIATRIC DIABETES	
	TOPIC	SPEAKER	TOPIC	SPEAKER
	COMPLICATIONS OF DM		MANAGEMENT OF DIABETES IN CHILDREN	
	<i>Chairpersons: Prof. Mohammad Hadrami / Dr. Salwa Al Aidarous</i>		<i>Chairpersons: Prof. Abdullah Al Herbish / Dr. Hamed Al Ghamdi</i>	
09:50 – 10:10	<i>The Incretins</i>	Prof. Mohammed Hassanein (UK)	<i>Practical Management of Type 1 Diabetes</i>	Dr. Abdulaziz Al Twaim - KSA
10:10 – 10:30	<i>Vitamin D & Diabetes</i>	Prof. Edward Horton - UK	<i>Insulin Analogue Pros & Cons</i>	Dr. Abdullah Al Faris - KSA
10:30 – 10:50	<i>Management of Diabetic Nephropathy</i>	Prof. Peter Gaede - Denmark	<i>Insulin Pump</i>	Dr. Bassam Bin Abbas - KSA
10:50 – 11:10	Discussion		Discussion	
SESSION II	ORAL PRESENTATION		COMPLICATION & PREVENTION	
	<i>Chairperson: Dr. Hussein Saadi / Dr. Abdulqawi Mansari</i>		<i>Chairpersons: Dr. Mohammed Al Ghofely / Dr. Ibrahim Al Alwan</i>	
11:10 – 11:25	<i>Vitamin D deficiency is associated with cardiovascular risk factors among Saudi patients with type 2 DM</i>	Dr. Nasser M. Al-Daghri KSA	<i>Microalbuminuria in Type 1 DM</i>	Dr. Waleed Kaplan - UAE
11:25 – 11:40	<i>Hypomagnesemia in type 2 diabetic patients</i>	Dr. Magdi Al-Osali - Oman	<i>Hypoglycemia Management</i>	Dr. Angham Al Mutair – KSA
11:40 – 11:55	<i>Epidemiology of diabetes mellitus in Saudi Arabia</i>	Dr. Almoutaz Alkhier - KSA		
11:55 – 12:10	<i>Vitamin D status is associated with cardiometabolic parameters among non-obese Arab children and adolescents</i>	Dr. Shaun Laouie B. Sabico - KSA	<i>Role of Vit. D in Diabetes Prevention</i>	Dr. Mohd. Abduljabbar KSA
12:-10 – 12:30	Discussion		Discussion	
12:30 – 14:00	PRAYER/LUNCH			



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(cont.....Day 2)

SESSION III		ADULT DIABETES		PEDIATRIC DIABETES	
		<i>Chairperson: Prof. Riad Sulimani</i>		STATE OF ART LECTURE	
14:00 – 14:45	Hypogonadism & DM Prof. Massimo Massi Benedetti (Italy)		<i>Chairpersons: Dr. Adnan Al Shaikh</i> Latest Clinical Trials in Diabetes.....Should we change our practice? Prof. David Richard Matthews - UK		
14:45 – 15:00	Discussion				
SESSION IV		DM IN SPECIAL SITUATIONS		Meet the Expert (1)	Meet the Expert (2)
		<i>Chairperson: Dr. Atallah Al Ruhaily / Dr. Sameer Sabban</i>			
15:00 – 15:20	Painful Neuropathy	Prof. Andrew Boulton UK		DKA Management in Children Dr. Mohamed Al Maghamisi - KSA Dr. Fawzia Badghaish – KSA	Management of Neonatal Diabetes Dr. Mohamed Awwad – KSA
		ORAL PRESENTATION			
15:20 – 15:35	Association between Diabetes And Erectile Dysfunction: A New Prospect	Dr. Ahmed El- Sakka – KSA			
15:35 – 15:55	Association of Large and Small fibre degeneration and microangiopathy	Dr. Moaz Mojadaddi – KSA			
15:55 – 16:10	Safety and Effectiveness of biphasic insulin Aspart 30 in Improve	Dr. Saied Khader – KSA			
16:10 – 16:30	PRAYER				
16:30 – 17:30	<u>Meet the Expert (1)</u> DM & Hypertension Prof. Edward Horton - UK Dr. Abdullah Bin Nahki (Kuwait)	<u>Meet the Expert (2)</u> Initiation and Adjustment of Insulin Therapy in Type 2 DM: Case-Based Approach Dr. Ali Zahrani - KSA	<u>Meet the Expert (3)</u> Dyslipidemia Prof. Massimo Massi Benedetti (Italy) Dr. Safwan Zatari (SA)	WORKSHOP	
				<u>Workshop (1)</u> The importance of Diabetes Education for Diabetic Patient Ms. Eman Al Agel – KSA	<u>Workshop (2)</u> Sick Days Management Dr. Thanaa Amer - KSA
20:30 – 23:00	Sponsor Satellite Symposium + Gala Dinner				
END OF DAY 2					



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DAY 3: Thursday

DATE: February 11, 2010 (Safar 27, 1431)

TIME	PLENARY SESSION			
<i>Moderator</i>	<i>Dr. Abdulrahman Al-Sheik</i>			
09:00 – 09:45	Evidence Based Management of Diabetic Foot Prof. Andrew Boulton (UK)			
09:45 – 10:00	Discussion			
10:00 – 10:20	Coffee Break			
TIME	ADULT DIABETES		PEDIATRIC DIABETES	
	TOPIC	SPEAKER	TOPIC	SPEAKER
SESSION I	DIET, OBESITY & BEHAVIORAL		MISCELLANEOUS I	
	<i>Chairpersons: Dr. Adnan Al-Bar / Dr. Samia Bokhari</i>		<i>Chairpersons: Dr. Humaid Swat / Dr. Essam Al Khateb</i>	
10:20 – 10:40	<i>Epidemiology of DM/Obesity in Gulf Region</i>	Dr. Najaty Bsaiso – Qatar	<i>Pharmacotherapy Modalities of Childhood Obesity</i>	Dr. Ibrahim Al Alwan - KSA
10:40 – 11:00	<i>The Role of Bariatric Surgery in DM</i>	Dr. Adil Bakhsh – KSA	<i>Surgical Management of Childhood Obesity</i>	Dr. Ayed Al Qahtani – KSA
11:00 – 11:20	<i>Psychiatric Manifestation of DM</i>	Dr. Dakhil Al Saedi – KSA	<i>Psychosocial Aspects in DM</i>	Dr. Hassan Al Amri - KSA
11:20 – 11:40	Discussion		Discussion	
SESSION II	ORAL PRESENTATION		MISCELLANEOUS II	
	<i>Chairperson: Dr. Zakaria Dweik</i>		<i>Chairpersons: Prof. Gadi Maqbool / Dr. Bassam Bin Abbas</i>	
11:40 – 11:55	<i>Insulin Infusion Protocols in Hospital Based Hyperglycemia</i>	Dr. Mohammed A. Lamki Qatar	<i>Self Monitoring of Blood Glucose</i>	Dr. Waleed Kaplan - UAE
11:55 – 12:10	<i>Assessment of glycemic control for type 2 DM using HbA1c</i>	Dr. Helal Sayer Al-Enazi KSA	<i>Medical Nutrition Therapy in Diabetes Management</i>	Dr. Reem Abo Al Faraj - KSA
12:10– 12:35	<i>Does intensive glucose control reduce cardiovascular disease risk</i>	Dr. Amin Jayousi Qatar	<i>Monogenic Diabetes</i>	Dr. Abdulhadi Habib
12:35 – 12:50	<i>Insulin in Type 2 DM</i>	Dr. Nasser Al-Juhani - KSA		
12:50 – 01:10	Discussion		Discussion	
01:10 – 01:30	CLOSING REMARKS / END OF THE CONFERENCE			