



# LIFE SUPPORT TRAINING CENTER

AHA INTERNATIONAL TRAINING CENTER ZZ20771

# BLS 2020

## BASIC LIFE SUPPORT

### COURSE BACKGROUND

Sudden cardiac arrests are a leading cause of death as almost all mortalities happen in out-of-hospital setting.

Learning early recognition and proper management of this condition will reduce morbidity and mortality.

This course aims to save lives of adults, infants and children subjected to life-threatening emergencies.

### COURSE OBJECTIVES

At the end of the course, participants will acquire the knowledge and skills in:

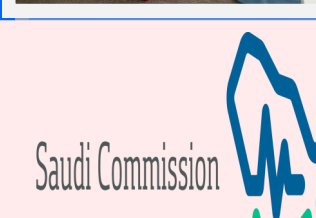
- Initiate the Chain of Survival, Recognizing and treating life-threatening emergencies including cardiac arrests and choking in all age groups.
- Recognizing the warning signs of heart attack and stroke in adults.
- Perform High Quality CPR & Use of AED, Practice Team Resuscitation.

### COURSE SCHEDULE

	PROVIDER	INST	HC
JAN	5A   6   7   8   9	-	19
FEB	05   06	04	03
MAR	10   11   12A	-	-
APR	12   13	-	-
JUN	23   24   25A	-	-
JUL	05   06   07A	-	22
AUG	18   19	17	20
SEP	13   14   15A	-	-
OCT	04A   07   08	-	05
NOV	22   23   24A	-	25
DEC	22   23   24A	21	20

### COURSE FEES

COURSES	NGHA	NON-NGHA
PROVIDER	SR300	SR300
HEARTCODE NGHA/NON-NGHA	ONLINE 28.5 \$	HANDS ON 150 SAR
INSTRUCTOR	SR1000	SR1000



Saudi Commission  
for Health Specialties

**DR. KHALID RASHED**  
COURSE DIRECTOR  
✉ RashidKA@nghi.med.sa

DISCLAIMER: LIFE SUPPORT TRAINING CENTER (LSTC) MAKES EVERY EFFORT TO KEEP FEES TO A MINIMUM.  
AHA IS A NON-PROFIT ORGANIZATION AND DOES NOT BENEFIT IN ANY WAY FROM THE FEES COLLECTED.

**DR. KHALID RASHED**  
Supervisor, Life Support Training Center  
American Heart Association ITCC, TRF  
☎ 84-45020/012-22-45020  
✉ rashidKA@nghi.med.sa

**MS. RABAB Al-Hamdi**  
PTC Life Support Training Instructor  
Life Support Training Center, TCF  
☎ 84-45083/012-22-45083  
✉ alhamdira1@nghi.med.sa

FOR INFORMATION AND REGISTRATION, PLEASE CALL LSTC OFFICE

**MS. Ranya Alahmadi**  
☎ 84-45085/012-2245085  
✉ AlahmadiRA02@nghi.med.sa

**MR. NAIF FARHAN**  
☎ 84-45016/012-2245016  
✉ farhanNA@nghi.med.sa

